Addiction: A Look at Root Causes & The Stigma Associated With It

Presented by the Mississippi Association of Recovering Pharmacists August 24, 2024

> Lion Hills 2331 Military Road, Columbus, MS. 39705

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Saturday, August 24, 2024

07:45-08:15am

Registration and breakfast

08:15-08:17am

Explanation of the Facilities and Scheduled Activities of the Day Jerry Fortenberry, MARP Seminar Coordinator

08:17-08:20am Welcome and intro to first Speaker Robert Jordan, MARP President

08:20-09:20am Substance Use Disorders in the Aging Population April Miller, PharmD Mississippi Public Health Institute

09:20am-10:20am The 4 Hallucinations: Root Causes of Bitterness, Resentment, & Shame Christine E. Bates, LPC, TMPC Passati Counseling and Direction

10:20am-10:30am Break

10:30am-11:30pm The 4 Hallucinations: Root Causes of Bitterness, Resentment, & Shame Christine E. Bates, LPC, TMPC Passati Counseling and Direction

11:30am-12:30pm The Impact of Childhood Adversity on the Developing Brain Caroline D. Smith, MA,LPC,CIP Pine Grove Behavioral Health & Addiction Services 12:30pm-01:30pm Lunch

01:30pm-02:30pm Addiction, Bias, and Stigma Sidney H. Smith, LMSW (MS & AL) Department of Veteran Affairs

02:30pm-02:45pm Break

02:45pm-04:45pm

Stigma and Shame: Barriers to Treatment for Addiction and Substance Use Disorder

Dr. Carolanne Wartman and Ansley Hayes

Total CE hours for Saturday- up to 7 contact hours (0.700 ceu)

SUBSTANCE USE DISORDERS IN THE AGING POPULATION APRIL MILLER, PHARM D.

ACPE UAN: 0032-9999-24-029-L08-P/T 1 contact hours (0.1 ceu)

Target audience---Pharmacists, pharmacy technicians

A knowledge-based continuing education activity

Learning Objectives:

At the conclusion of this session, participants will be able to:

- 1. Define the types of substance use disorders (SUD) common in older adults.
- 2. Distinguish between the signs of aging, polypharmacy, and addiction, many of which overlap.
- 3. Recognize the unique treatment needs of older adults.

THE FOUR HALLUCINATIONS: ROOT CAUSES OF BITTERNESS, RESENTMENT, AND SHAME

CHRISTINE BATES, LPC, TMPC

APCE UAN: 0032-9999-24-030-L99-P/T 2 contact hours (0.2 ceu)

Target audience—Pharmacists, pharmacy technicians

A knowledge-based continuing education activity

Learning Objectives:

At the conclusion of this session, participants will be able to:

- 1. Differentiate between unavoidable stress/pain and avoidable suffering.
- 2. Explain the difference between intellectual knowledge and perception.
- 3. Identify 4 "hallucinations" (basic misconceptions) that create optional suffering for humans.

THE FOUR HALLUCINATIONS: ROOT CAUSES OF BITTERNESS, RESENTMENT, AND SHAME (continued) CHRISTINE BATES, LPC, TMPC

Learning Objectives (continued):

- 4. Describe how people can use improved conscious awareness (mindfulness) to own their own suffering.
- 5. Name at least one practice a person can do a few times a week or more to increase awareness.
- 6. Name at least two resources a person can access for increasing conscious awareness/mindfulness.

THE IMPACT OF CHILDHOOD ADVERSITY ON THE DEVELOPING BRAIN CAROLINE SMITH, MA, LPC, CIP

ACPE UAN: 0032-9999-24-031-L99 P/T 1.0 contact hours (0.10 ceu)

Target audience—Pharmacists, pharmacy technicians

A knowledge based continuing education activity

Learning Objectives:

At the conclusion of this session, participants will be able to:

- 1. Identify mental health challenges often associated with chronic childhood adversity.
- 2. Classify the etiology and manifestation of the three basic attachment types.
- 3. Describe how the findings from the Adverse Childhood Experiences study can be used to assist clients and patients in achieving patterns of secure attachment.

ADDICTION, STIGMA, AND BIAS SIDNEY H. SMITH, LSMW (MS AND AL)

APCE UAN: 0032-9999-24-032-L08-P/T 1.0 contact hours (0.10 ceu)

Target audience—Pharmacists, pharmacy technicians

A knowledge-based continuing education activity

Learning Objectives:

At the conclusion of this session, participants will be able to:

- 1. Recognize personal biases when dealing with a person with substance use/abuse issues.
- 2. Describe strategies to combat unhelpful/counterproductive attitudes towards persons with substance Abuse issues.
- 3. Discuss how healing conversations can motivate and encourage growth and continued sobriety.

STIGMA AND SHAME: BARRIERS TO TREATMENT FOR ADDICTION AND SUBSTANCE USE DISORDER

DR. CAROLANNE WARTMAN AND ANSLEY HAYES

APCE UAN: 0032-9999-24-033-L08-P/T 2.0 contact hours (0.20 ceu)

Target audience—Pharmacists, pharmacy technicians

A knowledge-based continuing education activity

Learning Objectives:

At the conclusion of this session, participants will be able to:

- 1. Describe how addiction and substance use disorders (SUDs) are similar to other chronic diseases.
- 2. Define shame and stigma.
- 3. Explain why shame and stigma are the greatest barriers to help-seeking behavior.
- 4. Describe the ways in which health professionals perpetuate stigma towards people with addictions
- 5. Apply methods and skills that can be used to mitigate the stigma associated with SUDs and addiction.



The University of Mississippi School of Pharmacy is accredited by the Accreditation Council for Pharmacy Education as providers of continuing pharmacy education. This program has been accredited for up to 7 contact hours (0.7 CEU) of continuing pharmacy education credit by the University of Mississippi School of Pharmacy, Division of Professional Development. Upon completion of these knowledge-based continuing education activities, and completion of the program evaluations, registrants will have continuing pharmacy education credits posted the MyCPE Monitor website (www.mycpemonitor.net) within 60 days of this program.

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Presented by

The Mississippi Association

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Recovering Pharmacists

Lion Hills Center
Golf Course & Country Club
2331 Military Road
Columbus, MS 39705
662-328-4837

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